

## BuildLACCD Safety Bulletin

### DO choose masks that



The infographic consists of three horizontal panels, each with a green checkmark in a circle on the left. The top panel shows a woman wearing a blue patterned fabric mask with a circular inset showing two layers of fabric and red arrows pointing to the layers. The middle panel shows a man wearing a yellow patterned fabric mask with red arrows pointing to the nose and mouth area. The bottom panel shows a woman wearing a dark blue patterned fabric mask with red arrows pointing to the sides of her face.

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don't have gaps

Source: [CDC: How to Select, Wear and Clean your Masks](#)

## DO NOT choose masks that



**Are made of fabric that makes it hard to breathe, for example, vinyl**



**Have exhalation valves or vents, which allow virus particles to escape**



**Are intended for healthcare workers, including N95 respirators or surgical masks**

Source: [CDC: How to Select, Wear and Clean your Masks](#)

## Caution: Gaiters & Face Shields



**Evaluation is on-going but effectiveness is unknown at this time**



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## Special Situations: Glasses



**If you wear glasses, find a mask that fits closely over your nose or one that has a nose wire to limit fogging**

Source: [CDC: How to Select, Wear and Clean your Masks](#)

# Special Situations: Children



**If you are able, find a mask that is made for children**



**If you can't find a mask made for children, check to be sure the mask fits snugly over the nose and mouth and under the chin**



**Do NOT put on children younger than 2 years old**

## Do NOT wear a mask



**Around your neck**



**On your forehead**



**Under your nose**



**Only on your nose**



**On your chin**



**Dangling from one ear**



**On your arm**

Source: [CDC: How to Select, Wear and Clean your Masks](#)